

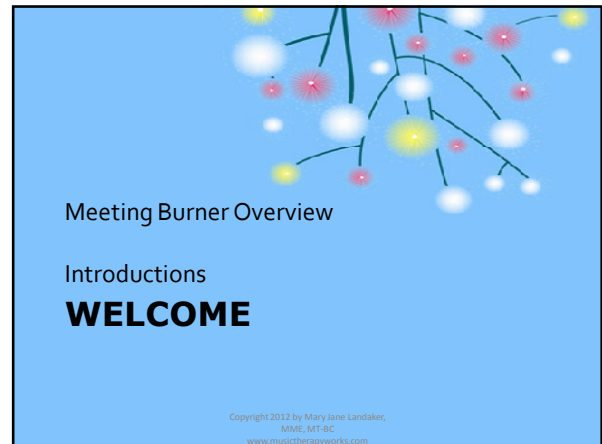


Composition and Creativity: Part Two

www.musictherapyworks.com

June 28, 2012

Mary Jane Landaker, MME, MT-BC

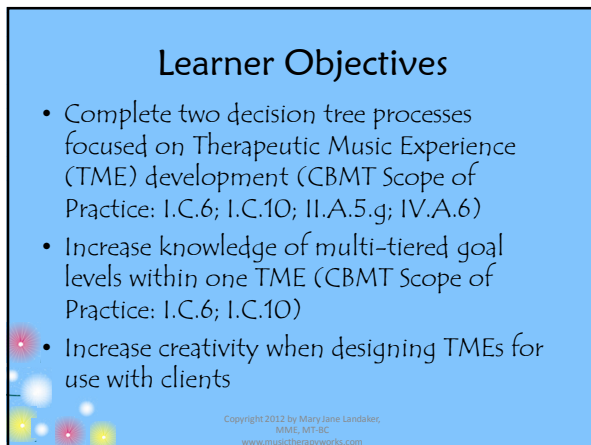


Meeting Burner Overview

Introductions

WELCOME

Copyright 2012 by Mary Jane Landaker, MME, MT-BC
www.musictherapyworks.com



Learner Objectives

- Complete two decision tree processes focused on Therapeutic Music Experience (TME) development (CBMT Scope of Practice: I.C.6; I.C.10; II.A.5.g; IV.A.6)
- Increase knowledge of multi-tiered goal levels within one TME (CBMT Scope of Practice: I.C.6; I.C.10)
- Increase creativity when designing TMEs for use with clients

Copyright 2012 by Mary Jane Landaker, MME, MT-BC
www.musictherapyworks.com



LET'S THINK ABOUT GOALS...

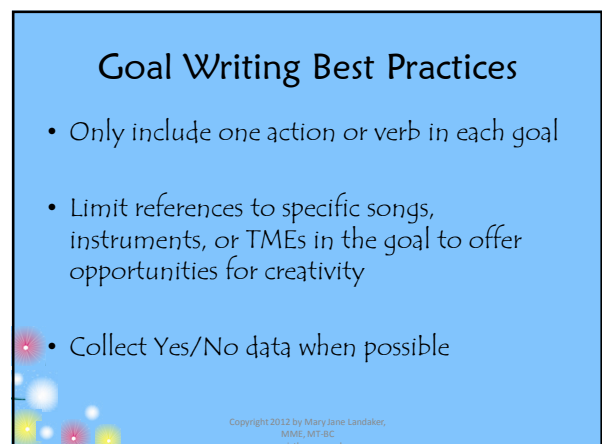
Copyright 2012 by Mary Jane Landaker, MME, MT-BC
www.musictherapyworks.com



Thinking about Goals

- There are three levels of goals to consider:
 - Primary – first reason to use TME with client
 - Secondary – additional treatment foci
 - Tertiary – non-treatment benefits to the TME
- Always start with all of the goals that you can brainstorm! This helps with advocacy and demonstration of levels of therapy

Copyright 2012 by Mary Jane Landaker, MME, MT-BC
www.musictherapyworks.com



Goal Writing Best Practices

- Only include one action or verb in each goal
- Limit references to specific songs, instruments, or TMEs in the goal to offer opportunities for creativity
- Collect Yes/No data when possible

Copyright 2012 by Mary Jane Landaker, MME, MT-BC
www.musictherapyworks.com

Sample Goal

Client will initiate instrument play two times during music therapy individual sessions for three consecutive weeks by July 2, 2012.

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Goal-Based Decision Tree

What are the nouns involved in the goal?	What environmental, situational, instrumental, or other elements are present in the goal?
ALWAYS START WITH THE GOAL	
What materials will you need to accomplish this goal?	What verbs are present in the goal?

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Sample Goal

Client will initiate instrument play two times during music therapy individual sessions for three consecutive weeks by July 2, 2012.

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Next Step...

Brainstorm all things that you do that already address elements of the goal	Develop list of primary, secondary, and tertiary goals
Make list of all ideas on how to work towards the goal	

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

So, Now What??

- TME development occurs when you know a clear desired outcome to your treatment.
- We want the client to initiate instrument play.
- Each session must include the use of instruments at least twice during the session

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Move into TME Development

- Play when I play TMEs
- Start/Stop TMEs
- Other Ideas??

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Object-Based Decision Tree

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Use Your Senses

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Other Things to Consider

- What needs to be in the environment?
- What do clients need to know?
- Anything else you need?
- Sensory? Volume? Fragility?

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

What Have Our Senses Told Us?

- We can use our targeted object in *MANY* ways.
- Focus on one way right now to develop TME
- What is/are the primary goal/s? Secondary? Tertiary??

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Personally,

- I have a rule that I cannot keep an object or visual aid or material or instrument if I cannot think of 6 very different things to do with it!

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

Finishing Up

- Questions?
- Powerpoint copy, recording, and password to website will be emailed by Saturday – look for an email from contactus@musictherapyworks.com
- Please ask questions, make comments, and keep in touch!!

Copyright 2012 by Mary Jane Landaker,
MME, MT-BC
www.musictherapyworks.com

