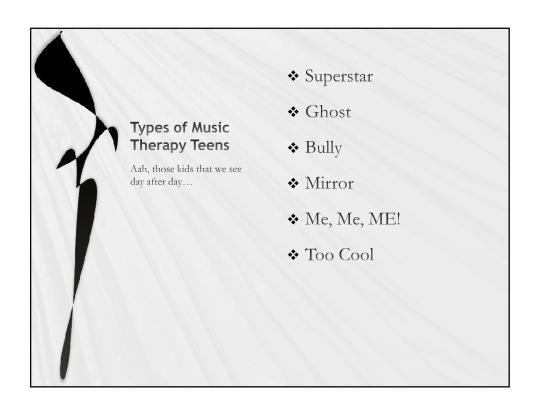
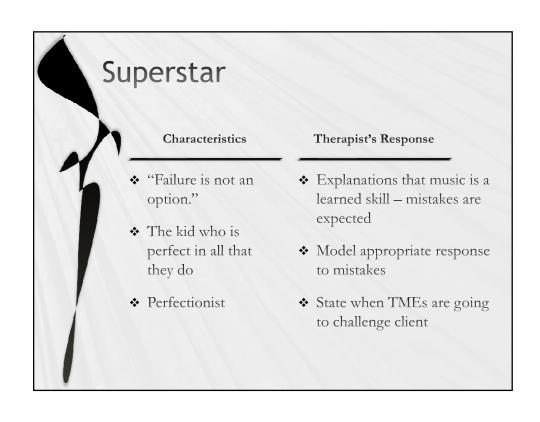


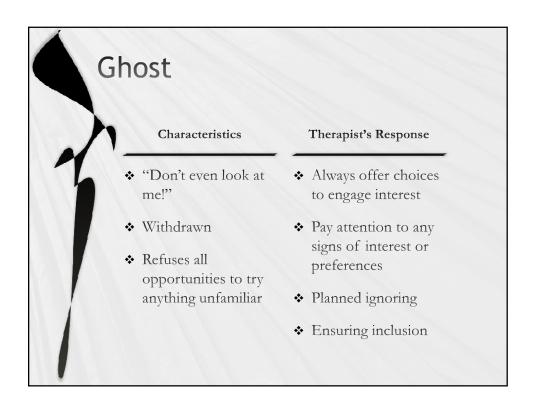
- ❖ We've all been there Positive and Negative
- ❖ ad·o·les·cence
 - noun 1. the transitional period between <u>puberty</u> and adulthood in human development, extending mainly over the teen years and terminating legally when the age of majority is reached; youth.
 - 2. the process or state of growing to maturity.
 - 3. a period or stage of development, as of a society, preceding maturity.

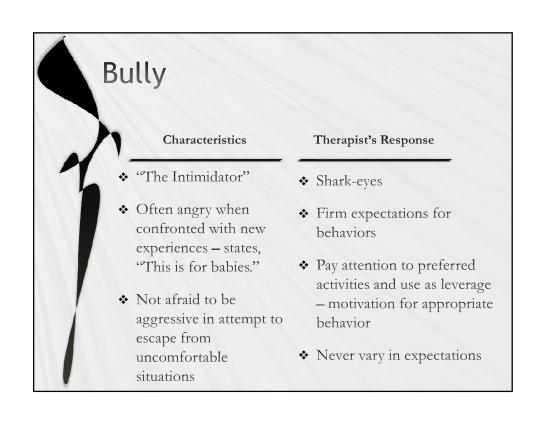
http://dictionary.reference.com/browse/adolescence

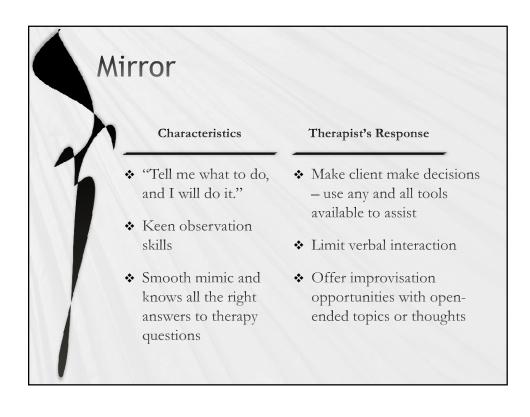
Thoughts on Adolescence End of Plasticity as Puberty as Beginning Completion Changes in sexual * Believed to be features of the complete at age organism 26 – adolescence lasts longer than Societal previously expectations expected Birth of the **TWEENS**

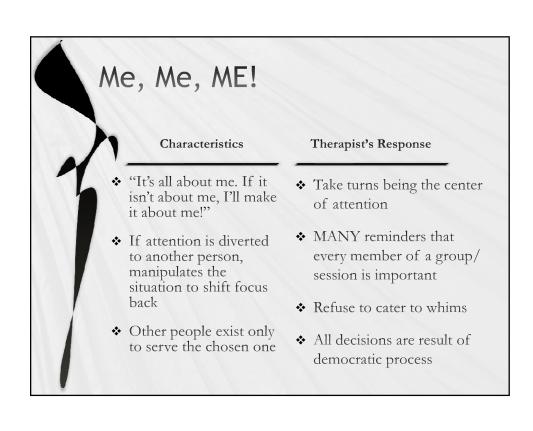


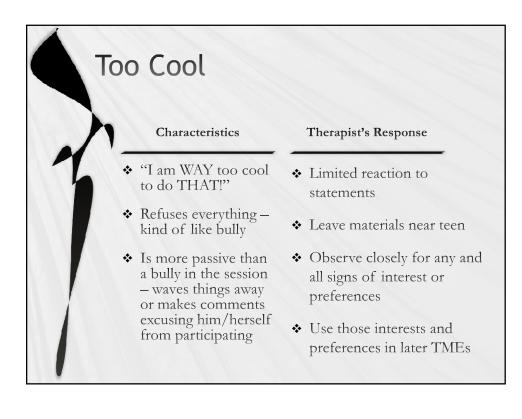
















Session Ideas

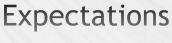
- Try to avoid things that emphasize differences and awkwardness – dancing?? Maybe not! Boomwhackers?? Possibly, but probably not in the first session
- Try games, rapping (especially scripted at the beginning of the therapeutic relationship), drumming, music theory, music lessons, making videos, compositions...
- Always include an escape for clients.
- * Honor their choices



Session Planning

*DON'T!

- Let clients lead you into their own interests and expectations.
- Offer choices within therapy parameters For example, if a therapeutic goal is to increase expression of emotion, offer opportunities for making a video, composing a song, or engaging in drum TME focused on emotion



- ❖ You do not have to participate if you do not want to... BUT...
 - ◆ You will use manners when refusing
 - ◆ You will sit quietly while others are engaged
 - ◆ You may join at any time if you want
 - ◆ You may make suggestions for ways to change the TME to the therapist she may or may not say, "Yes."
 - Opinions are valid even if they are not the same as the therapist's!!!

